

ST. JOHN CATHOLIC CHURCH & SCHOOL COVID-19 FOOD DRIVE ACCEPTED ITEMS

Breakfast Items

Boxed Cereals – Non-sugary type (Cheerio's, Rice Krispies, Raisin Bran, etc.)
Oatmeal (instant or regular)
Pancake Mix and syrup
Pop Tarts
Boxed milk (that does not need to be refrigerated)

Proteins

Canned tuna, chicken, ham, baked beans, black beans, pinto beans, stews, soups, spaghetti sauce with meat
Bags of dried beans – pinto, kidney, black, chickpeas, navy, etc.
Jars of nut butters (Peanut, Almond, etc.)
Nuts (walnuts, almonds, peanuts, pistachios, sunflower seeds)

Vegetables and Fruits

Canned green beans, peas, corn, tomatoes (stewed, diced, whole), lima beans, spaghetti sauce
Canned or Cups of peaches, pears, Mandarin oranges, apricots, pineapple
Applesauce - jar or cups
Dried raisins, cranberries, cherries
Fruit juices - jars or boxes
Jams and jellies

Carbohydrates

Bags or boxes of pasta (spaghetti noodles, elbow macaroni, penne, ziti, egg noodles, etc.)
Box macaroni and cheese
Ramen noodles
Box Stuffing
Rice boxes or bags (Brown or White)
Corn tortillas

Baking Goods

Flour (All purpose, wheat, corn)
Sugar
Cooking oil

Snacks

Peanut butter or cheese crackers
Granola/Protein bars
Crackers (Ritz, Club, Graham, Saltine)
Pretzels

Personal items

Toothpaste
Hand soap
Bar soap
Toilet paper
Paper Towels

Gift Cards

Local Grocery store gift cards in denominations of \$20 and \$25 (for perishable foods)