



PURPOSE

**A Transformative
Plan for Confirmation**

WHAT IS CONFIRMATION?

A sacrament is an outward sign of God's inward grace. Confirmation is the third and final sacrament of initiation you will receive. It is directly linked to your Baptism and the Eucharist. When you receive the sacrament of Confirmation you internally receive the Holy Spirit. The Holy Spirit gives you the strength to fulfill your Baptismal promises, and to spread and defend the faith in both word and deed. By receiving the Holy Spirit you are bound to the church in a more complete way. (CCC #1285)

WHAT IS THE PARENTS ROLL?

To quote a great superhero “With great power comes great responsibility.” When your child says yes to being Confirmed your child is saying they will be a faithful Catholic, by attending mass, going to frequent confession, praying regularly, evangelizing the faith, and treating others as Christ did with love and forgiveness. By allowing them to be Confirmed you are also promising to support them in this journey and making sure they have the means to fulfill this.

WHAT ABOUT A SPONSOR?

- A sponsor must be over 16 years old, a practicing Catholic in good standing (Goes to church at least on Sundays and Holy days of obligation, goes to confession regularly, and is not living in a state of sin).
- Not bound by any Canonical Penalty.
- Someone that your child feels comfortable discussing their faith with.
- Ideally pick by your child.
- A sponsor is someone who stands up with your child and says they will be there to support them in their Catholic journey for the rest of their lives.
- We ask that Sponsors check in with your child on a regular basis and discuss their faith journey. (At least 1 time a month)
- We provide 4 (optional) Sponsor formation sessions to answer the questions: What does it mean to be a sponsor and How do I do it?

PAPER WORK

- BAPTISMAL CERTIFICATE & SPONSOR VERIFICATION.
- DUE JANUARY 15, 2023.
- Must be submitted BEFORE you can sign up for mandatory small group sessions!
- To submit, take a picture and email it to Molley@sjwest.org OR drop it off at the Parish office.
- DO NOT TURN ANY PAPER WORK INTO THE SCHOOL!!

CONFIRMATION JOURNAL

Quiz

- A way to track your child's readiness to make their Confirmation.
- There are NO WRONG ANSWERS! We ask kids to be honest.
- Will handed out at the first small group session.
- Will be periodically collected.
- Is vital to Confirmation preparation.

1. Do you want to make your Confirmation and why?
2. Do you attend mass on regular basis? Why or Why not?
3. Do you believe in God? ___YES
 ___NO
4. Do you believe Jesus is present in the Eucharist? Why or Why not?
5. How do you pray?
6. Do you sin? ___YES ___NO
7. What do you do if you were to sin?
8. Do you think you could ever evangelize? Why?

SMALL GROUPS

There will be 7 small group sessions the weeks of January 28, February 4, 11 & 25, March 3, 10 & 26.

Small groups are to learn, have meaningful discussions, to check in with small group leaders and to turn in journals.

CONFIRMATION NAME 101

- Picking a Saint name as your Confirmation name is a tradition that dates back as far as the 2nd and 3rd century. It is based off several key figures receiving new names when they received their mission to evangelize. (Abram to Abraham, Jacob to Israel, Simon to Peter, Saul to Paul.)
- The early Christians would make their baptism and confirmation at the same time, so their baptism name and confirmation name were the same.
- They would choose a saint that they prayed about and felt a connection to.
- The early Christians would legally change their name to First name, Middle name, CONFIRMATION SAINT, Last name.
- They would celebrate their Confirmation/Patron Saint's feast day like they would their own birthday.
- In our diocese the children may choose whether to pick a Confirmation/Patron saint or stay with their baptismal name. (Either way they will still have a Saint project to do.)

SERVICE PROJECT

- Needs to be something extra ordinary i.e. not mowing the lawn as part of your weekly chores.
- On the same line as service work for school.
- Must be something to help a person, not an animal or tree.
- Will be documented in their journal.
- If your child needs help on selecting or performing a service project please let us know as soon as possible.

LETTER TO THE BISHOP

A letter must be written to the Bishop and submitted to us to be sent out by March 29, 2023

“This letter includes a summary of the young person’s experience of preparation, their understanding of and awareness of their faith, and their reasons for wishing to be confirmed.”

They must include what they did to prepare, why they want to be confirmed, and how they plan to live their faith life in concrete ways after confirmation.

CONFIRMATION RETREAT

March 15-17 at River Valley
Ranch

Drop off Friday Evening, pick
up Sunday Morning

Permission slips due at least
1 week in advance



CONFIRMATION ATTIRE

Confirmation Attire is Semi-formal modest attire (Sunday best).

For girls no skirt or dresses more than 3" above the knee, and remember they need to walk so make sure any heels are walkable.

For boys they should be neatly groomed, no jeans, sweat pant or athletic pants.

IMPORTANT DATES

- REGISTRATION DUE BY: **DECEMBER 31, 2023**
- BAPTISMAL CERTIFICATE & SPONSOR FORM DUE BY: **JANUARY 15**
 - SPONSOR ZOOM MEETINGS (OPTIONAL) **TBD**
 - SERVICE PROJECT SUBMITTED BY: **MARCH 17**
- CONFIRMATION PERMISSION SLIP DUE BY: **MARCH 8**
 - CONFIRMATION RETREAT: **MARCH 15-17**
 - LETTER TO THE BISHOP BY: **MARCH 23**
- SMALL GROUP WEEKS: **JANUARY 28, FEBRUARY 4, 11, 25, MARCH 3, 10, 24**
 - CONFIRMATION REHEARSAL MANDATORY: **MAY 1 at 5:30pm**
 - CONFIRMATION: **MAY 2 at 5:30pm**

QUESTIONS?



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